



YOR BEST BODY CHAMPIONS 2016



It's that time of year again! We're excited to announce this year's YOR Best Body Championship winners!

After some serious dedication and competition from all our participants, our worldwide community voted to select the top 10. And now, THE RESULTS ARE IN!

Congratulations to our **FIRST PLACE \$1000 WINNERS** in Slim and Sculpt:



-101 LBS

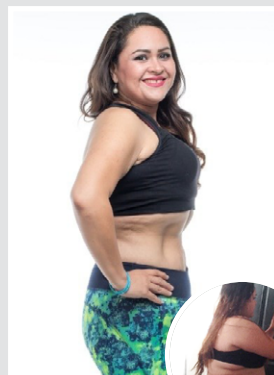
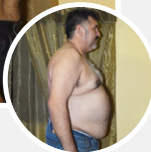
MEN'S SLIM

MANUEL SANTACRUZ ZAMARRON

Mexico, DF Mexico

I was feeling very frustrated and desperate about my weight of 135 kg / 297.62 lbs. Just to think, this would lead to many issues, and that if I didn't do anything about it, it would have severe consequences.

I currently weigh 89.6 kg / 197.53 lbs, and I've managed to build a healthy lifestyle and reach the goals I had set of losing 100 pounds in a period of one year and one month. I've accomplished the two goals for which I had started the YOR Health 8-Week Challenge- which is my son and I losing weight and having an excellent quality of life.



-103 LBS

WOMEN'S SLIM

ADA CARMINA SANCHEZ ANDRADE

Monterrey, NL Mexico

Honestly, I've learned a lot about myself in this process. I believed again that I could do it, and I pushed myself to do things I had never done before, like working out on a daily basis following a personalized regimen. The physical result is just a reflection of my mental shift and taking the right action.

Without the support from the Challenge, the products, the people who are always cheering for me, and many friends who have been key to this process, I might have quit again. I'm still in the process since I haven't reached the weight I want, but I know that the dream of reaching it is closer.

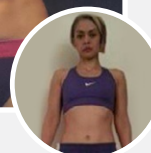
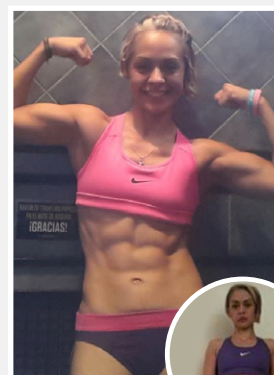


MEN'S SCULPT

ENRIQUE POSSELT

Tampico, TM Mexico

What I liked the most was that I started taking care of myself and changing several habits, and I saw more results in my body. I had a lot of energy, and I wanted to improve myself constantly.



WOMEN'S SCULPT

ALEJANDRA ARVIZU CASTILLO

San Nicolas de Los Garza, NL Mexico

I'm happy with the results. I had never been able to get the muscle definition I have now even when I trained for more than 2 hours a day for 7 years! Now I train a lot less, and I feel full of energy all day long. My life changed in 8 weeks!

First place winners each receive \$1000 USD, ticket to 2016 Global Annual Conference and After Party, Las Vegas shopping spree, makeover, and photo shoot.

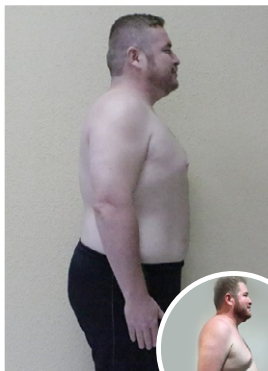
As of July 2016, men and women who completed any cycles of the YOR Best Body 8-Week Challenge in the Weight Loss (SLIM) Category lost an average of 14.16 lb (6.42 kg) in an eight week period, or 1.77 lb (0.80 kg) per week. Results may not be typical. Optimal results are achieved when following the product regimen in combination with a healthy diet and exercise program.

SECOND PLACE \$750 WINNERS in Slim and Sculpt:

MEN'S SLIM

GEOVANY ESPINOZA

Culiacan, SI Mexico

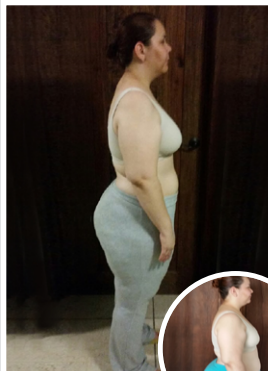


-50 LBS

WOMEN'S SLIM

SANDRA SALAZAR

Villahermosa, TB Mexico



-55 LBS

MEN'S SCULPT

SANYA VANG

Elk Grove, CA United States



WOMEN'S SCULPT

RITA CECILIA VALDEZ MARRUFO

Durango, DG Mexico



Second place winners each receive \$750 USD.

THIRD PLACE \$500 WINNERS in Slim and Sculpt:

MEN'S SLIM

YUKIO OLVERA MENDOZA

Tlaxcala, TL Mexico



-125 LBS

WOMEN'S SLIM

AURELIA VILLEGAS NUÑEZ

La Paz, BS Mexico

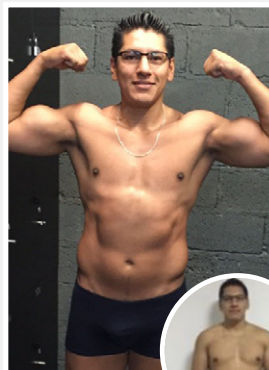


-39 LBS

MEN'S SCULPT

RODRIGO FLORES

Mexico, DF Mexico



WOMEN'S SCULPT

SORAYA GONZÁLEZ

Mexico, DF Mexico



Third place winners each receive \$500 USD.

See all the winners, hear their stories, and celebrate their transformations in person at the 2016 Global Annual Conference on Saturday, August 27, 2016.

Purchase your ticket now and join us!

[Purchase Tickets](#)